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## **PRESS RELEASE**

*For Immediate Release*

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### **LACDMH LAUNCHES ALL-NEW RADIO SHOW ON LA TALK STATION**

*The hour-long show will run for 12 weeks, focusing on hot topics related to mental health.*

**Los Angeles, CA** – The Los Angeles County Department of Mental Health (LACDMH), in partnership with Free Your Mind Projects, will kick-off its new weekly radio show this Sunday, March 6<sup>th</sup> on Clear Channel station, KTLK-AM (1150AM) from 7:30-8:30AM.

“Mental health problems affect every family,” said Marvin Southard, D.S.W., Director of LACDMH. “Listen in and hear about issues that matter to your family and friends.”

The weekly “Free Your Mind Projects Radio Show” will broadcast every Sunday for a limited run, from March 6<sup>th</sup> through May 22<sup>nd</sup>. The show will provide information about various mental health topics and related issues of the day, and share real-life stories from individuals who are experiencing their own journeys of *Hope, Wellness and Recovery*.

Among those featured over the next 12 weeks will be several high-profile guests who have participated in LACDMH’s *Profiles of Hope*, including Emmy award-winning actress and author, Mariette Hartley, and three-time World Boxing Council champion, Mia St. John. The *Profiles of Hope* series is made up of 10-minute inspirational stories spotlighting individuals, such as Hartley and St. John, who have overcome stigma and various obstacles to live happy, productive lives.

This week’s debut show will feature Joseph Greco who wrote and directed the award-winning film, *Canvas*, inspired by his own experience of living with a schizophrenic mother. Greco will talk about his involvement with mental health awareness as well his contribution to directing LACDMH’s recent *Profiles of Hope* series, which will be broadcast on the LA County Channel.

The “Free Your Mind Projects Radio Show” can be streamed live on [www.ktlkam1150.com](http://www.ktlkam1150.com). If you miss the broadcast, you can also catch the podcast on the Free Your Mind Projects Web site, [www.freeyourmindprojects.com](http://www.freeyourmindprojects.com).

(More)

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The Los Angeles County Department of Mental Health is the largest county-operated mental health department in the United States, directly operating 75 program sites and more than 100 co-located sites. Each year, it contracts with approximately 1,000 agencies and individual practitioners to provide a spectrum of mental health services to more than 250,000 residents of all ages. The Department's mission -- enriching lives through partnership to strengthen our community's capacity to support recovery and resiliency -- is accomplished by working with stakeholders and community partners to provide clinically competent, culturally sensitive and linguistically appropriate mental health services to clients in the least restrictive manner possible.

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